



# SALLISAW PUBLIC SCHOOLS

## Sallisaw High School Breakfast and Lunch Menu May 2023



Alternate Cereal, Oatmeal & Yogurt Bar available for  
Breakfast Daily

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>!!!IMPORTANT!!!</b> Please remember that all lunch bills are due before the end of the school year!!!		
1	2	3	4	5
Biscuits and Gravy Fruit Juice, Milk	French Toast Fruit Juice, Milk	Sausage Biscuit Fruit Juice, Milk	Loaded Omelet Biscuit Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
<b>Sandwich Bar w/ Fixins</b> Potato Chips Fresh Fruit and Vegetable Bar Oreo Pudding Milk	<b>Pizza</b> Caesar Salad Fruit Cup Fresh Fruit and Vegetable Bar Milk	<b>Chicken Fried Steak</b> Mashed Potatoes and Gravy Black Eyed Peas Hot Roll Fresh Fruit and Vegetable Bar Milk	<b>Chicken Alfredo</b> Green Beans Garlic Breadstick Fresh Fruit and Vegetable Bar Milk	<b>Street Tacos</b> Pico de gallo Black Beans Fresh Fruit and Vegetable Bar Milk <b>Cinco de mayo Day</b>
Taco Soup/ Chips	Pizza/Salad	Chicken Nuggets/Potato	Hamburger/Veggie	Burrito/Veggie
8	9	10	11	12
Smoothie and Toast Fruit Juice, Milk	High School Griddle Fruit Juice, Milk	Breakfast Pizza Fruit Juice, Milk	<b>Chef's Choice</b> Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
<b>Turkey and Dumplings</b> Sweet Peas Fruit Cup Fresh Fruit and Vegetable Bar Milk	<b>Crispito w/ Cheese Sauce</b> Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	<b>Breakfast for Lunch</b> Scrambled Eggs and Sausage Biscuits and Gravy Fresh Fruit and Vegetable Bar Milk	<b>Loaded Waffle Fries w/ Chicken</b> Fries, Chicken & Cheese Sliced Bread and Butter Fresh Fruit and Vegetable Bar Milk	<b>Chef's Choice</b>  Rice Krispy Treats Milk
Spicy Chicken Sandwich/Veggie	SHS Special/ Refried Beans	Chicken and Waffles	Hamburger /French Fries	Pizza/Salad
15	16	17	18	19
Biscuits and Gravy Fruit Juice, Milk	<b>Chef's Choice</b> Fruit Juice, Milk	Donuts Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk	<b>GRADUATION</b>
<b>Corn Dog</b> Cheese Sauce SideWinder Potatoes Fresh Fruit and Vegetable Bar Cookie and Milk <b>Chocolate Chip Cookie Day</b>	<b>Cheeseburger</b> "Fried" Pickles Tater Tots Fresh Fruit and Vegetable Bar Milk <b>National Pickle Day</b>	<b>Chicken Tenders</b> Mashed Potatoes and Gravy Peas Hot Roll Fresh Fruit and Vegetable Bar Milk	<b>Sack Lunch</b> Ham or <b>PNB</b> & Jelly Fruit Vegetable Milk and Juice <b>LAST DAY OF SCHOOL</b>	
SAME	SAME	SAME	SAME	

\*\*\*Menu Subject to Change According to Product Availability\*\*\*

This institution is an equal opportunity provider.