



SALLISAW PUBLIC SCHOOLS

Sallisaw High School Breakfast and Lunch Menu May 2023



Alternate Cereal, Oatmeal & Yogurt Bar available for
Breakfast Daily

Breakfast and Lunch Served with variety milk choice

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				<p>!!!IMPORTANT!!! Please remember that all lunch bills are due before the end of the school year!!!</p>					
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Biscuits and Gravy Fruit Juice, Milk		French Toast Fruit Juice, Milk		Sausage Biscuit Fruit Juice, Milk		Loaded Omelet Biscuit Fruit Juice, Milk		Biscuits and Gravy Fruit Juice, Milk	
Sandwich Bar w/ Fixins Potato Chips Fresh Fruit and Vegetable Bar Oreo Pudding Milk		Pizza Caesar Salad Fruit Cup Fresh Fruit and Vegetable Bar Milk		Chicken Fried Steak Mashed Potatoes and Gravy Black Eyed Peas Hot Roll Fresh Fruit and Vegetable Bar Milk		Chicken Alfredo Green Beans Garlic Breadstick Fresh Fruit and Vegetable Bar Milk		Street Tacos Pico de gallo Black Beans Fresh Fruit and Vegetable Bar Milk Cinco de mayo Day	
Taco Soup/ Chips		Pizza/Salad		Chicken Nuggets/Potato		Hamburger/Veggie		Burrito/Veggie	
8		9		10		11		12	
Smoothie and Toast Fruit Juice, Milk		High School Griddle Fruit Juice, Milk		Breakfast Pizza Fruit Juice, Milk		Chef's Choice Fruit Juice, Milk		Biscuits and Gravy Fruit Juice, Milk	
Turkey and Dumplings Sweet Peas Fruit Cup Fresh Fruit and Vegetable Bar Milk		Crispito w/ Cheese Sauce Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk		Breakfast for Lunch Scrambled Eggs and Sausage Biscuits and Gravy Fresh Fruit and Vegetable Bar Milk		Loaded Waffle Fries w/ Chicken Fries, Chicken & Cheese Sliced Bread and Butter Fresh Fruit and Vegetable Bar Milk		Chef's Choice Rice Krispy Treats Milk	
Spicy Chicken Sandwich/Veggie		SHS Special/ Refried Beans		Chicken and Waffles		Hamburger /French Fries		Pizza/Salad	
15		16		17		18		19	
Biscuits and Gravy Fruit Juice, Milk		Chef's Choice Fruit Juice, Milk		Donuts Fruit Juice, Milk		Biscuits and Gravy Fruit Juice, Milk		GRADUATION	
Corn Dog Cheese Sauce SideWinder Potatoes Fresh Fruit and Vegetable Bar Cookie and Milk Chocolate Chip Cookie Day		Cheeseburger "Fried" Pickles Tater Tots Fresh Fruit and Vegetable Bar Milk National Pickle Day		Chicken Tenders Mashed Potatoes and Gravy Peas Hot Roll Fresh Fruit and Vegetable Bar Milk		Sack Lunch Ham or PNB & Jelly Fruit Vegetable Milk and Juice LAST DAY OF SCHOOL			
SAME		SAME		SAME		SAME			

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.